

Treatment Menu



MISKAWAAN

HEALTH GROUP

— KOH SAMUI —





“The best doctor is your own body.”

Dr Wessolly.

Miskawaan Health Group has taken a highly personalised, precision approach to integrative medicine. We recommend having a full consultation with one of our doctors to help them learn more about you in order to understand the root causes of any issues you may have. Using this information, they may recommend one or several lab tests to confirm any underlying medical conditions. Treatments range from physiotherapy, ozone therapy or our unique, bio-identical to nature, proprietary infusions that are prescribed to the very specific needs of your body.



Lab testing and screening

Early cancer detection test (RV test)

The RV test is a simple blood test that is recommended annually in order to detect abnormal cells at an early stage. Tumors develop gradually and it can take up to 10 years from the development of the first cancer cells to the detection of disease. The earlier we can detect the cancer, the more successful the treatment is likely to be.

THB 9800



Food intolerance test – IGG 222 test

Chronic diseases begin with leaky gut syndrome which is caused by food intolerances. Food intolerance is different from food allergies where the symptoms usually occur almost immediately. Food intolerance symptoms take time to show and are not severe but they are chronic and affect all body organs including the skin and is often a cause of weight issues, low energy and hormonal imbalances.

This is a simple blood test that will analyze your body's response to 222 different foods. You will be asked to keep a diet diary for one week while you await your blood test results and, during your results consultation, our doctor will explain the test results and make recommendations on how to change diet habits and add additional nutrients into your body. You will then have a follow up appointment with the doctor one time per week for one month to assess your progress.

THB 19600

Standard lab tests

These will be tailored to your own specific health needs as recommended by the doctor during your consultation.

From THB 200

Hormone testing package

Hormones are essential to our body's proper functioning. To get the full picture of your hormonal health we will test a combination of sex hormones, thyroid, iron, cortisol and complete blood count. You will have a consultation with the Doctor to discuss any health concerns and create your personal treatment plan based on these results.

To accompany your therapy, we offer an IV infusion of vitamin C and B 1, 6 and 12 to support the immune system, blood production and the functioning of the nervous system.

Female

THB9900

Male

THB10000



IV therapy

We offer a small selection of unprescribed IV's however a much larger range is available on prescription by the doctor.

As treatments may be adjusted according to the individual needs of the client, the prices may vary slightly.

Vitamin C – 15g

Start From THB3000

Our high dose vitamin C IV is not the same as taking vitamin C supplements because IV goes straight into the blood stream, skipping the stomach and intestines. Vitamin C in the blood rises to very high levels and very quickly and may help protect the immune system against external invasion

Miskawaan Myers

Start From THB3100

Supplies essential micronutrients including B vitamins, vitamin C, calcium and magnesium. The Myers cocktail has been found to be effective in promoting self-healing power against illnesses such as acute asthma attacks, migraines, chronic fatigue, fibromyalgia, upper respiratory infections and cardiovascular disease among others.

MPV

Start From THB4300

MPV infusion consists of multivitamins and minerals, specially formulated in the Miskawaan labs. The most popular reasons for IV vitamin treatment are to relieve stress, rid your body of toxins, balance hormones, boost immunity, and make your skin healthier. There are positive anecdotal claims of relief and rejuvenation, but there's no hard evidence to support these claims. Vitamins used in the IVs are water-soluble, so once your body uses what's needed, it will excrete the excess through your kidneys into your urine.



Add on IV treatments:

Vitamin B12

THB620

Vitamin B12 has many roles in your body. It supports the normal function of your nerve cells and is needed for red blood cell formation and DNA synthesis. Vitamin B12 may benefit your body in impressive ways by boosting your energy, improving your memory, and helping prevent heart disease.

NAC - Liver detox.

THB1320

Glutathione is one of the body's most effective antioxidant and detoxifying substances, especially for the brain and liver. Glutathione is a naturally occurring antioxidant and dramatically improves the detoxification and rebuilding process in the body. It is also useful for treating liver problems including hepatitis. We highly recommend the combination of glutathione and vitamin C





Ozone therapy

The benefits of ozone on the body include strengthening the immune system, stimulating white blood cells, preventing infections and immune system deficiencies by destroying fungi, bacteria and viruses. It also helps to counteract cell mutations, thereby preventing some types of cancer.

It helps red blood cells to transport oxygen and improves circulation and general cell function. As well as being a powerful antioxidant, it helps to eliminate toxins.

We include 2 - 3 rounds depending on the patient.

THB 6000



Physiotherapy

All massages and manual therapy will be carried out by our highly trained physiotherapists.

THB 2000 per hour.

Lymphatic drainage - A gentle rhythmic technique designed to stimulate the lymphatic system, enhance the healing process and immune system. The hand movements and sequences are adapted for each person.

Medical massage - A combination style of massage focused on a medical need. It is often used to manage pain, relaxing connective tissue and muscles, improve circulation, relieve nerve compression, improve digestion, increase flexibility or treat other health care concerns.

Foot Reflexology massage - A type of therapy that uses gentle pressure on specific points along your feet also known as zone therapy. The theory behind reflexology is that areas of the foot correspond to organs and systems of the body. Pressure applied to the foot is believed to bring relaxation and healing to the corresponding area of the body.





Manual therapy - Skilled hand movements or techniques intended to improve tissue extensibility, increase range of motion of the joint complex, mobilize or manipulate soft tissues and joints, induce relaxation, modulate pain and reduce soft tissue and movement restriction.

Physiotherapy - Physiotherapy is non-invasive or conservative treatment using massage therapy, manual therapy, and therapeutic exercises to reduce your pain and recover your functions.

Water Gymnastics - Water-based treatments or exercises aim for relaxation, fitness, and physical rehabilitation. Treatments and exercises are performed while floating, partially submerged or fully submerged in water.

Therapeutic exercise - The components of both physical activity and exercise to provide a systematic exercise programme for remediation of impairments, improvement of strength, endurance, flexibility, core stability, balance and coordination.



Fitness and Wellbeing

1500 THB per hour

We have partnered with highly qualified professional trainers who will tailor a practice to suit your needs.

Personal training

Yoga

Meditation



